

**Menu**  
Smethport Area School District

February 5<sup>th</sup> – March 2<sup>nd</sup>

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>5</b> Pancakes with syrup OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>6</b> Eggs OR w/ Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Oven Baked Hash Brown Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>7</b> Whole Grain Cereal Fruited Yogurt Toast with Peanut Butter or Jelly Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>8</b> Breakfast Pizza OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>9</b> Poptart w/ Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>
<p><b>12</b> Fruited with Icing OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>13</b> Belgium Waffle with syrup OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>14</b> Eggs OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Toast Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>15</b> Breakfast Bar w/ Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>16</b> NO SCHOOL</p> <hr/>
<p><b>19</b> NO SCHOOL</p> <hr/>	<p><b>20</b> Apple Sweet Roll OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>21</b> English Muffin OR 1/2 English Muffin &amp; Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>22</b> Eggs OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Toast with Peanut Butter or Jelly Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>23</b> Danish OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>
<p><b>26</b> Breakfast on a Stick OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>27</b> L.A. Cinnamon Bread OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>28</b> Donut OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>1</b> Eggs OR Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Toast Fresh Fruit Apple or Orange Juice Milk</p> <hr/>	<p><b>2</b> Poptart w/ Whole Grain Cereal OR 4 oz. Yogurt w/ Whole Grain Cereal Fresh Fruit Apple or Orange Juice Milk</p> <hr/>