

Smethport Area High School Breakfast Menu

February

Food Service Director:
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				2/1 Pancake Wrap Or Cereal Bar 100% Juice Choice of Milk
2/4 Breakfast Pizza Or Cereal Bar 100% Juice Choice of Milk	2/5 Sausage, Egg and Cheese Biscuit Or Cereal Bar 100% Juice Choice of Milk	2/6 French Toast Sticks Or Cereal Bar 100% Juice Choice of Milk	2/7 Blueberry Muffin Or Cereal Bar 100% Juice Choice of Milk	2/8 Egg and Cheese Bagel Or Cereal Bar 100% Juice Choice of Milk
2/11 French Toast Minis Or Cereal Bar 100% Juice Choice of Milk	2/12 Ham, Egg and Cheese Crossiant Or Cereal Bar 100% Juice Choice of Milk	2/13 Dutch Waffle Or Cereal Bar 100% Juice Choice of Milk	2/14 Breakfast Burrito Or Cereal Bar 100% Juice Choice of Milk	2/15 Glazed Donut Ring Or Cereal Bar 100% Juice Choice of Milk
2/18 Breakfast Pizza Or Cereal Bar 100% Juice Choice of Milk	2/19 Chocolate Muffin Or Cereal Bar 100% Juice Choice of Milk	2/20 Sausage, Egg and Cheese Biscuit Or Cereal Bar 100% Juice Choice of Milk	2/21 Pancake Wrap Or Cereal Bar 100% Juice Choice of Milk	2/22 Mini Yogurt Parfait Or Cereal Bar 100% Juice Choice of Milk
2/25 Ham, Egg and Cheese Croissant Or Cereal Bar 100% Juice Choice of Milk	2/26 Mini Waffles Or Cereal Bar 100% Juice Choice of Milk	2/27 Egg and Cheese Bagel Or Cereal Bar 100% Juice Choice of Milk	2/28 Iced Cinnamon Roll Or Cereal Bar 100% Juice Choice of Milk	

What Makes a Breakfast Meal?

Entrée, 1 /2 cup Fruit, 100% Juice and 1/2 Pint Milk

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

High School Alternate Options May Include:
Assorted Whole Grain Cereal with Toast
Bagel with Cream Cheese
Breakfast Pastries

You must choose at least 3 of 4 components available for the school breakfast price.



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Meal Prices:
Paid \$1.30
Reduced .30
Adult \$2.00

The Smethport Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE